

Deccan Education Society's

Kirti M. Doongursee College of Arts, Science and Commerce (AUTONOMOUS)



Affiliated to

UNIVERSITY OF MUMBAI

Title of the program

A. U.G. Certificate in Psychology

B. U.G. Diploma in Psychology

C. B.A. in Psychology

Syllabus for

Semester – Sem I & II

**Ref: GR dated 20th April, 2023 for Credit Structure of UG
(With effect from the academic year 2026-27 Progressively)**

PROGRAM OUTCOMES

PO	Description
A student completing Bachelor's Degree in Arts Program will be able to	
PO1	Disciplinary Knowledge: Demonstrate a blend of conventional discipline knowledge and its applications to the modern world. Execute strong theoretical and practical understanding generated from the chosen programme.
PO2	Critical Thinking and Problem solving: Exhibit the skill of critical thinking and use higher order cognitive skills to approach problems situated in their social environment, propose feasible solutions and help in its implementation.
PO3	Social competence: Express oneself clearly and precisely to build good interpersonal relationships in personal and professional life. Make effective use of linguistic competencies to express themselves effectively in real and virtual media. Demonstrate multicultural sensitivity in group settings.
PO4	Research-Related Skills: Seeks opportunity for research and higher academic achievements in the chosen field and allied subjects and is aware about research ethics, intellectual property rights and issues of plagiarism. Demonstrate a sense of inquiry and capability for asking relevant/appropriate questions; ability to plan, execute and report the results of a research project be it in field or otherwise under supervision.
PO5	Personal and professional competence: Equip with strong work attitudes and professional skills that will enable them to work independently as well as collaboratively in a team environment.
PO6	Effective Citizenship and Ethics: Demonstrate empathetic social concern and equity centered national development; ability to act with an informed awareness of moral and ethical issues and commit to professional ethics and responsibility.
PO7	Environment and Sustainability: Understand the impact of the scientific solutions in societal and environmental contexts and demonstrate the knowledge of and need for sustainable development.
PO8	Self-directed and Life-long learning: Acquire the ability to engage in independent and life-long learning in the broadest context of socio-technological changes.

PROGRAM SPECIFIC OUTCOMES

PSO	Description
PSO1	Understanding Basic Psychological Concepts: Students will be able to explain core concepts of psychology such as perception, learning, memory, motivation, and emotion, and relate them to everyday human behavior.
PSO 2	Application of Psychological Principles: Students will demonstrate the ability to apply psychological theories and concepts to real-life situations, including personal development, social interactions, and problem-solving.
PSO 3	Awareness of Human Development and Individual Differences: Students will understand stages of human development and recognize individual differences in intelligence, personality, and behavior, fostering empathy and social awareness.
PSO 4	Introduction to Scientific Enquiry in Psychology: Students will develop basic skills in psychological inquiry, including observation, critical thinking, and understanding simple research methods used in studying behavior.
PSO 5	Orientation to Industrial Skills: Students will understand various aspects of job satisfaction, productive and counterproductive work behaviour, the methods of job analysis, and develop a comprehensive view of job related characteristics and characteristics of psychological tests.
PSO 6	Develop Professional Skills Required as a Counsellor: Students will evolve their understanding of effective practices, hone skills required for the profession of counselling, outline the counseling needs of diverse populations and plan the practice based on their diverse counseling needs.



**Deccan Education Society's
Kirti M. Doongursee College of Arts, Science and Commerce
(AUTONOMOUS)**

Sr. No.	Heading	Particulars	
1	Title of program O: _____A	A	U.G. Certificate in Psychology
	O: _____B	B	U.G. Diploma in Psychology
	O: _____C	C	B.A.. (Psychology)
2	Eligibility O: _____A	A	HSC(Arts / Science / Commerce) OR Passed Equivalent Academic Level 4.0
	O: _____B	B	Under Graduate Certificate in _____ OR Passed Equivalent Academic Level 4.5
	O: _____C	C	Under Graduate Diploma in _____ OR Passed Equivalent Academic Level 5.0
3	Duration of program R: _____	A	One Year
		B	Two Years
		C	Three Years
4	Intake Capacity R: _____	120	

Sign of the HOD & Coordinator
BOS in _____

Sign of the NEP Coordinator,
DES's Kirti M. Doongursee College

Sign of Principal
DES's Kirti M. Doongursee College,
Mumbai 28.

Preamble

Introduction: The Department of Psychology offers an undergraduate program structured under the National Education Policy (NEP) 2020. The program provides a systematic study of various aspects of Psychology, covering core areas such as Developmental Psychology, Social Psychology, Abnormal Psychology, Industrial Psychology, Psychological Testing and Assessment and Counselling Skills. It integrates traditional theories with contemporary approaches to provide a holistic understanding of the subject. The program aims to develop critical thinking, analytical reasoning and vocational aptitude as foundational academic and life skills.

Aims and Objectives:

1. To provide students with a comprehensive understanding of the fundamental concepts, methods, and branches of psychology.
2. To develop critical thinking and analytical skills for application in the field of psychology.
3. To foster an appreciation for diverse psychological perspectives beyond canonical traditions.
4. To enable students to apply the learnings from psychology to contemporary personal, social, and professional challenges.
5. To prepare students for higher education and careers that demand vocational skills, research capabilities, and depth of knowledge.
6. To cultivate a passion for learning traditional as well as novel concepts in psychology.
7. To enhance research-related skills including test development, research design and soft skills required to go out and engage with the field.
8. To develop effective communication skills for articulating complex psychological ideas in written and oral forms.

Learning Outcomes:

1. Demonstrate knowledge of major approaches to psychology.
2. Analyze, evaluate and integrate the various theories that explain psychological phenomena.
3. Apply the learnings to personal, social, and professional dilemmas.
4. Connect psychological inquiry to contemporary issues in society.
5. Engage with the community meaningfully while building a career in one's respective area of specialisation.
6. Apply professional skills in the fields of counselling and industrial psychology.
7. Communicate psychological ideas clearly in written and oral forms.
8. Recognize and respect diverse psychological traditions and worldviews.

Deccan Education Society's
Kirti M. Doongursee College (autonomous)
Proposed Curriculum as per NEP 2020
Year of implementation- 2026-27
Name of the Department: PSYCHOLOGY

Semester	Course Code	Course Title	Vertical	Credit
I	26PSYMJ111	FUNDAMENTALS OF PSYCHOLOGY - I	Major	4
	26PSYVSC141	BASIC COMMUNICATION SKILLS	VSC	2
II	26PSYVSC211	FUNDAMENTALS OF PSYCHOLOGY II	Major	4
	26PSYVSC241	PROFESSIONAL COMMUNICATION SKILLS	VSC	2

Course Code	MAJOR SEM – I	Credits	Lectures /Week
26PSYMJ111	FUNDAMENTALS OF PSYCHOLOGY - I	4	4
Course Objectives (CO): CO1: To familiarize students with major perspectives in psychology for understanding human behavior. CO2: To develop knowledge of the structure and functioning of the brain and nervous system. CO3: To enable application of learning principles to everyday situations. CO4: To enhance critical understanding of cognitive processes such as perception, memory, and thinking.			
Course Outcomes (OC) After successful completion of this course, students would be able to OC1: Incorporate different perspectives of psychology OC2: Critically evaluate the function of brain and nervous system OC3: Apply the principles of learning in day to day life OC4: Critically analyze the cognitive functioning of mind			
Unit	Topics	No of Lectures	
I	1) THE SCIENCE OF PSYCHOLOGY 1.1 What is Psychology? 1.2 Psychology then: History of Psychology, Psychology now: Modern Perspectives 1.3 Types of Psychological professionals, Psychology: The Science, Ethics of Psychological Research 1.4 Critical thinking, Applying Psychology to everyday life - using Critical thinking	15	
II	2) THE BIOLOGICAL PERSPECTIVE 2.1 Neurons and nerves: Building the Network 2.2 The Nervous System 2.3 Inside the brain and structures of the brain 2.4 The chemical connection: the Endocrine glands	15	
III	3) LEARNING	15	

	3.1 Definition of Learning and introduction to the theories 3.2 Classical Conditioning and Operant Conditioning-Features, Biological and cognitive factors of Classical Conditioning 3.3 Cognitive Learning Theory 3.4 Observational Learning	
IV	4) MEMORY 4.1 Memory: Encoding, Storage, Retrieval, Models of memory – LOP and PDP, the information-processing model – sensory, short-term and long-term memory 4.2 Retrieval of Long-Term Memories, The reconstructive nature of Long-TermMemory Retrieval 4.3 Forgetting 4.4 Memory and the brain – the physical aspects of memory	15

References : Ciccarelli, S. K. & Meyer, G. E. (2006). Psychology. Pearson Educationinc. and Dorling Kindersley Publishing inc. New Delhi; first Indian reprint 2007

Additional References:

- Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
- Coon, D., & Mitterer, J. O. (2007). Introduction to Psychology: Gateways toMind and Behaviour. (11th ed.) Wadsworth/Thomson Learning Publications, New Delhi; first Indian reprint 200
- Feldman, R. S. (2008). Understanding Psychology. (8th ed.). McGraw-Hill Publications, New York
- Kalat, J. W. (2005). Introduction to Psychology. (7th ed.). Wadsworth-Thomson Learning Publications, Belmont, USA.
- Lahey, B. B. (2007). Psychology: An Introduction. (9th ed.). McGraw-Hill Publications, New York
- Passer, M. W., & Smith, R. E. (2007). Psychology: The Science of MindandBehaviour. (3rd ed.) McGraw- Hill Publications, International edition, NewYork
- Wade, C. & Tavis, C. (2006). Psychology. (8th ed.). Pearson Educationinc., Indian reprint by Dorling Kindersley, New Delhi
- Wood, S.E., Wood, E. G., & Boyd, D. (2008). The world of Psychology. (6thed.). Pearson Education inc., Allyn and Bacon
- Zimbardo, P. G., Johnson, R. L., & Weber, A. N. (2008). Psychology: CoreConcepts. (5th ed.). Pearson Education inc., Allyn and Bacon

Additional References:

- तडसरे, तंम्बाके उपयोजित मानसशास्त्र - फडके प्रकाशन
- ओक, अभ्यंकर, गोळवीकर वर्तनाचें शास्त्र - पिअरसन प्रकाशन

Course Code	VOCATIONAL SKILL COURSE SEM – I	Credits	Lectures /Week
26PSYVSC141	Paper I – BASICS COMMUNICATION SKILLS	2	2
Course Objectives (CO): CO1: To develop an understanding of the essential qualities and roles of counselors and clients in the counseling process. CO2: To enable students to differentiate between ethical and unethical practices in counseling in accordance with professional standards. CO3: To sensitize students to the diverse counseling needs of individuals across different populations and backgrounds. CO4: To equip students with the skills to plan appropriate counseling strategies based on the needs of diverse populations.			
Course Outcomes (OC): After successful completion of this course, students would be able to OC1: Assess the qualities of the the counselor and clients for effective counseling OC2: Distinguish between ethical and unethical counseling practices OC3: Outline the counseling needs of diverse population OC4: Plan the practice based on the counseling needs of diverse population			
Unit	Topics	No of Lectures	
I	1) INTRODUCTION TO COMMUNICATION 1.1 Elements of Communication Definition, Characteristics, Process, 1.2 Types of Communication: Verbal, Non-verbal 1.3 Communication Styles: Aggressive, Passive submissive, Passive aggressive, Assertive 1.4 Assertive Communication 1.5 Greeting and Introduction Self , Others	15	
II	2) LISTENING SKILLS 2.1 Aspects of listening	15	

	2.2 Paraphrasing and Open-ending Questions 2.3 Reflection and Clarification 2.4 Verbal and Non-verbal Affirmation 2.4 Barriers to Active Listening	
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Textbook: Gladding, S. T. (2018). Counseling: A Comprehensive Profession.(8th Ed.).Pearson Education. New Delhi: Indian subcontinent version by Dorling Kindersley India pvt ltd.

Additional References:

- <https://ncert.nic.in/vocational/pdf/kees101.pdf>
- <https://www.simplypsychology.org/active-listening-definition-skills-benefits.html>
- Arulmani, G., & Nag-Arulmani, S. (2004). Career Counseling–a handbook. New Delhi: Tata McGraw-Hill
- Capuzzi, D., & Gross, D. R. (2007). Counseling and Psychotherapy: Theories and Interventions. (4thed.). Pearson Prentice Hall. First Indian reprint 2008 by Dorling Kindersley India pvt ltd.
- Capuzzi, D., & Gross, D. R. (2009). Introduction to the Counseling Profession. (5thed.). New Jersey: Pearson Education
- Corey, G. (2015). Theory and Practice of Counseling and Psychotherapy (10thed.). Stamford, CT: Brooks/Cole
- Finlay, L. (2019). Practical Ethics in Counselling and Psychotherapy: A Relational Approach. Sage Publication
- Kealy, D & Ogrodniczuk, J. S. (2019). Contemporary Psychodynamic Psychotherapy: Evolving Clinical Practice. Academic Press
- Spalek B. & Spalek M. (2019). Integrative Counselling and Psychotherapy: A textbook. NewYork: Routledge

Course Code	MAJOR SEM – II	Credits	Lectures /Week
26PSYMJ211	Paper I - FUNDAMENTALS OF PSYCHOLOGY II	4	4

Course Objectives (CO):

CO1 - To develop a critical understanding of higher cognitive processes such as thinking, problem-solving, and decision-making.

CO2 - To enable students to understand and apply theories of motivation and emotion for enhancing individual well-being.

CO3 - To introduce students to the foundations of personality research and encourage engagement with research practices in psychology.

CO4 - To equip students with basic statistical skills for analyzing and interpreting data related to human behavior and psychological research.

Course Outcomes (OC):

After successful completion of this course, students would be able to

OC1: Critically evaluate the higher cognitive processes

OC2: Apply various motivation and emotion theories for individual wellbeing

OC3: Contribute in the research area of personality

OC4: Apply statistical methods to gain understanding about human behavior and research

Unit	Topics	No of Lectures
I	1) COGNITION: THINKING, INTELLIGENCE 1.1 How people think 1.2 Intelligence 1.3 Language 1.4 Applying Psychology – Mental exercises for better cognitive health	15
II	2) MOTIVATION AND EMOTION	15

	2.1. Approaches to understanding Motivation 2.2. Hunger 2.3. Emotion 2.4. Applying Psychology – When motivation is not enough	
III	3) AN OVERVIEW OF THEORIES OF PERSONALITY 3.1. Sigmund Freud and Psychoanalysis, The Behaviorist view of Personality 3.2. The Social Cognitive view of Personality, Humanism and Personality, trait Theories 3.3. The biology of Personality: Behavioral Genetics, Assessment of Personality 3.4. Applying Psychology – Biological basis of personality	15
IV	4) STATISTICS IN PSYCHOLOGY 4.1. Why do psychologists use statistics? Descriptive Statistics – Frequency distributions, the Normal curve, other distribution types, skewed distributions 4.2. Measures of central tendency – mean, median, mode, 4.3. Measures of variability – range and SD; z scores 4.4. Inferential Statistics – statistical significance, the correlation coefficient	15

References:

- Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology. (Indian subcontinent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.

Additional References:

- Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
- Ciccarelli, S. K. & Meyer, G. E. (2006). Psychology. Pearson Educationinc. and Dorling Kindersley Publishing inc. New Delhi; first Indian reprint 2007
- Coon, D., & Mitterer, J. O. (2007). Introduction to Psychology: Gateways toMind

and Behaviour. (11th ed.) Wadsworth/Thomson Learning Publications, New Delhi; first Indian reprint 200

- Feldman, R. S. (2008). Understanding Psychology. (8th ed.). McGraw-Hill Publications, New York
- Kalat, J. W. (2005). Introduction to Psychology. (7th ed.). Wadsworth-Thomson Learning Publications, Belmont, USA.
- Lahey, B. B. (2007). Psychology: An Introduction. (9th ed.). McGraw-Hill Publications, New York
- Passer, M. W., & Smith, R. E. (2007). Psychology: The Science of Mind and Behaviour. (3rd ed.) McGraw-Hill Publications, International edition, New York
- Wade, C. & Tavris, C. (2006). Psychology. (8th ed.). Pearson Education inc., Indian reprint by Dorling Kindersley, New Delhi
- Wood, S.E., Wood, E. G., & Boyd, D. (2008). The world of Psychology. (6th ed.). Pearson Education inc., Allyn and Bacon
- Zimbardo, P. G., Johnson, R. L., & Weber, A. N. (2008). Psychology: Core Concepts. (5th ed.). Pearson Education inc., Allyn and Bacon

Course Code	VOCATIONAL SKILL COURSE SEM – II	Credits	Lectures /Week
26PSYVSC241	Paper I – PROFESSIONAL COMMUNICATION SKILLS	2	2
Course Objectives (CO): CO1 - To familiarize students with the basic principles and processes involved in psychological therapies. CO2 - To develop an understanding of the behavioral approach in explaining and addressing psychological problems. CO3 - To enable students to apply learned behavioral techniques to real-life situations beyond the classroom. CO4 - To cultivate the ability to conceptualize psychological problems using a behavioral framework.			
Course Outcomes (OC): After successful completion of this course, students would be able to OC1: Get acquainted to the therapeutic processes OC2: Understand the behavioral approach to the problems OC3: Apply the learnt techniques outside the classroom OC4: Conceptualize the problems from behavioral perspective			
Unit	Topics	No of Lectures	
I	1) INTERVIEW SKILLS 1.1 Developing Trust and Confidentiality 1.2 Interview Skills 1.3 Interpretation and Summerizing 1.4 Dealing with Confrontation and Contradictions	15	
II	2) ARGUING SKILLS 2.1 Arguing Skills 2.2 Negotiation Skills 2.3 Communication Skills for Group Decision Making 2.4 Intercultural Communication Skills	15	
Textbook: Gladding, S. T. (2018). Counseling: A Comprehensive Profession.(8th Ed.).Pearson Education. New Delhi: Indian subcontinent version by Dorling Kindersley India pvt ltd.			

- John O. Greene and Brant Handbook of communication and social interaction skills R. Burleson.
- Andrews, P. H., & Herchel, R. T. (1996). Organizational communication: Empowerment in a technological society. Boston: Houghton Mifflin.
- Allen, M., & Preiss, R. W. (1998). Persuasion: Advances through meta-analysis. Cresskill, NJ: Hampton Press.

References:

- <https://www.careershodh.com/how-to-develop-the-counsellor-counselee-relationship/>
- Baron, R. A. (1988). Negative effects of destructive criticism: Impact on conflict, self-efficacy, and task performance. *Journal of Applied Psychology*, 73, 199–207.
- Benoit, P. J. (1982, November). The naive social actor's concept of argument. Paper presented at the annual meeting of the Speech Communication Association, Louisville, KY.
- Allen, M. (1998). Comparing the persuasive effectiveness of one- and two-sided messages. In M. Allen &
- R. W. Preiss (Eds.), *Persuasion: Advances through meta-analysis* (pp. 87–98). Cresskill, NJ: Hampton Press.
- Assmus, G., Farley, J. U., & Lehmann, D. R. (1984). How advertising affects sales: Meta-analysis of econometric results. *Journal of Marketing Research*, 21, 65–74.

Evaluation Scheme for First Year (UG) under NEP (4 credits)

I. Internal Evaluation for Theory Courses – 40 Marks

1) Continuous Internal Assessment(CIA) Assignment - Tutorial/ Case Study/ Project / Presentations/ Group Discussion / Ind. Visit. – 20 marks

2) Continuous Internal Assessment(CIA) ONLINE Unit Test – 20 marks

II. External Examination for Theory Courses – 60 Marks

Duration: 2 Hours

Theory question paper pattern:

Question	Based on	Marks
Q.1	Unit I	15
Q.2	Unit II	15
Q.3	Unit III	15
Q.4	Unit IV	15

- All questions shall be compulsory with internal choice within the questions.
- Each Question may be sub-divided into sub questions as a, b, c, d, etc. & the allocation of Marks depends on the weightage of the topic.

**NOTE: To pass the examination, attendance is compulsory in both
Internal & External Examinations.**

Evaluation Scheme for First Year (UG) under NEP (2 credits)

I. Internal Evaluation for Theory Courses – 20 Marks

1) Continuous Internal Assessment(CIA) Assignment - Tutorial/ Case Study/ Project / Presentations/ Group Discussion / Ind. Visit. – 10 marks

2) Continuous Internal Assessment(CIA) ONLINE Unit Test – 10 marks

II. External Examination for Theory Courses – 30 Marks

Duration: 1 Hours

Theory question paper pattern: All questions are compulsory.

Question	Based on	Marks
Q.1	Unit I	15
Q.2	Unit II	15

- All questions shall be compulsory with internal choice within the questions.
- Each Question may be sub-divided into sub questions as a, b, c, d, etc. & the allocation of Marks depends on the weightage of the topic.

**NOTE: To pass the examination, attendance is compulsory in both
Internal & External Examinations.**

Topics for Assignment: Sem I (Complete an online certificate course on one of the following topics)

Marks distribution:

- **Certificate submission: 5M**
- **Presentation: 10M**
- **Viva and report: 5M**

- Sensation: seeing / hearing / tasting
- Consciousness: sleep / dreams / hypnosis / influence of psychoactive drugs
- Stress and Health: stress and stressors / physiological factors / coping strategies

Topics for Assignment: Sem II (Complete an online certificate course on one of the following topics.)

Marks distribution:

- **Certificate submission: 5M**
- **Presentation: 10M**
- **Viva and report: 5M**

- Psychological Disorders: sleep-wake disorders / neurodevelopmental disorders / feeding and eating disorders / Neurocognitive Disorders / dissociative disorders
- Sexuality and Gender: Physical side of Sexuality / Psychological side of sexuality / Human sexual behaviour / Sexual health
- Psychological Therapies: History of therapy / Psychodynamic approach / humanistic approach / bio-medical therapies / art therapy

or

- **Research Proposal: Research Question, Hypothesis, IV, DV, CV, Methodology, Implications**

Signatures of Team Members

Sr. No.	Name	Signature
1.	Ms. Komal Kadam, Chairman	
2.	Ms. Pranjal Gaonkar, Faculty	
3.	Ms. Apurva Rathod, Faculty	
4.	Dr. Pritamkumar Bedarkar, Subject Expert-I	
5.	Prof. Vaishnavi Kamat, Subject Expert-II	
6.	Prof. Aarohi Parimu Khar, VC Nominee Subject Expert	
7.	Dr. Jahnavi Kedare, Industry Expert	
8.	Dr. Amruta Karkhanis Deshmukh, Alumni	

Letter Grades and Grade Points:

Semester GPA/ Programme CGPA Semester/ Programme	% of Marks	Alpha-Sign/ Letter Grade Result	Grading Point
9.00 - 10.00	90.0 – 100	O (Outstanding)	10
8.00 - < 9.00	80.0 - < 90.0	A+ (Excellent)	9
7.00 - < 8.00	70.0 - < 80.0	A (Very Good)	8
6.00 - < 7.00	60.0 - < 70.0	B+ (Good)	7
5.50 - < 6.00	55.0 - < 60.0	B (Above Average)	6
5.00 - < 5.50	50.0 - < 55.0	C (Average)	5
4.00 - < 5.00	40.0 - < 50.0	P (Pass)	4
Below 4.00	Below 40.0	F (Fail)	0
Ab (Absent)	-	Ab (Absent)	0

Justification for Bachelors in Arts (Psychology)

1.	Necessity for starting the course:	A Bachelor of Arts in Psychology is essential as it equips students with scientific understanding of human behavior and mental processes, enabling them to contribute meaningfully to society by promoting mental health and well-being, improving interpersonal relationships, enhancing learning and education, supporting organizational effectiveness in workplaces, aiding in counseling and clinical settings, informing public policy and social development, and addressing contemporary challenges in areas such as healthcare, education, industry, community development, and social justice.
2.	Whether the UGC has recommended the course:	Yes
3.	Whether all the courses have commenced from the academic year 2023-24.	The course has already commenced in the university and in the academic year 2023-24 it is restructured under NEP 2020
4.	The courses started by the University are self-financed, whether adequate number of eligible permanent faculties are available?:	This course is aided / self-financed based on the sanction given by University of Mumbai to affiliated colleges from time to time.
5.	To give details regarding the duration of the Course and is it possible to compress the course?:	The duration of the program is three years (6 semesters). It is not possible to compress the course.
6.	The intake capacity of each course and no. of admissions given in the current academic year:	120 per division
7.	Opportunities of Employability / Employment available after undertaking these courses:	Graduates acquire advanced skills in critical analysis, logical problem-solving, and ethical decision-making. Career pathways include higher education and research, civil services, private counseling practice, corporate-wellness coach, NGOs, counselling and mental health support, corporate ethics and compliance, and roles in non-governmental and social sector organizations.

