

1. Yoga day camp: 17th June 2020 to 21st June 2020

Kirti college NCC girl's unit organized a 5 days virtual yoga camp. More than 100 cadets attended this camp along with teachers, and students of various colleges of 5 MAH GIRLS BN. Various Yogasanas and Pranayama were taught to all the participants. The main objective of this camp was to indulge everybody into keeping themselves fit through Yoga during the lockdown.